

Transform your fitness journey at Lichfield and Burntwood's Leisure Gyms!

We are a vibrant community where people can get fitter, have fun, and make lasting friendships. Join us for cutting-edge workouts, exciting classes, and a supportive atmosphere.

Don't just exercise, experience a lifestyle change. Come and be a part of something great and discover your best self.

Friary Grange Leisure Centre: 01543 228229 **Burntwood Leisure Centre: 01543 672439**

- Gym for All Ages
- Swimming Pool
- **Swimming Lessons**
- **Personal Training**
- **Tennis**
- Penni Uni Cafe









Dive into Family Fun with our swimming lessons! Perfect for families with kids starting from only 3 months old. Experience the joy of swimming together in a safe, supportive environment.

Our expert instructors make learning fun and easy for all ages. Build confidence, enhance skills, and create cherished family memories.

Join us for a splash of adventure and a wave of laughter. Enrol now and be part of the Active family!

Friary Grange Leisure Centre: 01543 228229 Burntwood Leisure Centre: 01543 672439

- Lessons from 3 months old and no upper limit
- Fun and safe
- Supportive teachers
- Make friends
- Enjoy the water
- Adult lessons



Scan me

