

# Activity: Growing Cress Experiment



What you'll need:

- Cress seeds
- Compost
- 4 empty yogurt pots
- 4 labels



Before you start, draw on your labels to match these. What do you think each label means?



Place some compost into each yogurt pot.



Sprinkle some cress seeds onto the compost.

3



Stick a label on pot 1 to show it will have light and water. Place it on a sunny windowsill and water it.

4



Label pot 2 to show it will have light but no water. Place it next to pot 1, but don't water it!

5



Label pot 3 to show it will have no light, but it will have water. Water the pot, then place it in a dark cupboard.

6



Label pot 4 to show it will have no light and no water. Place it in the dark cupboard and don't water it!



7



Check your pots every day. Make sure you water pots 1 and 3! After one week, compare your pots and record your results.

