

WINTER SENSES

Scavenger Hunt

THINGS TO SEE



A colourful berry
or flower ☐



A shoot poking
through the
ground ☐



A bud ☐



Something naturally
spiky ☐



A nest in a tree ☐



People ☐

THINGS TO HEAR



Bird song ☐

THINGS TO FEEL



A breeze on
your cheek ☐



The bark
of a tree ☐

THINGS TO SMELL



Decomposing leaves ☐

What to do: being amongst nature and using all your senses is a great way of reducing stress and can also be fun! See how many you can experience today - if you have a smartphone, you could take a photograph of this poster and use the edit function to help you. Copies can also be downloaded from our website: www.lichfielddc.gov.uk/winterhunt